

## EVALUATION OF TOTAL SERUM SIALIC ACID AND LIPID ASSOCIATED SIALIC ACID IN BRAIN TUMOR PATIENTS

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### Abstract

**Background:** Total serum sialic acid (TSA) and lipid associated sialic acid (LSA) are found to be increased in different neoplastic diseases. The present study was undertaken to study the changes in the concentration of TSA and LSA in patients with different types of brain tumors before and after surgical removal of brain tumor.

**Methods:** TSA and LSA levels have been estimated in serum of patients with benign brain tumors (n=28) and malignant brain tumors (n=31) in addition to healthy controls (n=34). Also the TSA and LSA measured in the patients (7) days after surgical removal of the tumor.

**Results:** Data analysis reflects a significant increase ( $p<0.05$ ) in the TSA and LSA in the malignant tumor patients as compared with healthy controls. The results revealed a significant decrease ( $p<0.05$ ) in the TSA but not LSA (7) days after operation.

**Conclusions:** It has concluded that there is a correlation between the type of tumor and the concentration of TSA and LSA. The surgical removal of the tumor leads to decrease in TSA and LSA in the serum.

**Keywords:** Brain tumor, Cancer, Sialic acid, Lipid associated sialic acid

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### Introduction

N-acetylneuraminic acid (sialic acid) is acetylated derivatives of neuraminic acid and it is a carbohydrate derivative found as a common terminal saccharide of the cell surface constituents (glycoprotein and glycolipids). Several evidences indicate that different changes of structural components of the neoplastic cells have been carried out. It has been found that many glycoproteins and glycolipids are increased in sera and malignant tissues of patients with various types of cancers. Sialic acids are the predominant carbohydrate of these compounds<sup>1</sup>. The relevance of sialic acids to the tumor cell is apparent from the increased sialylation and sialyltransferase activity observed in many cancer cells<sup>2</sup>.

In sera and tissues, sialic acid appeared to be found in two forms, bound sialic acid and free sialic acid. In the former, sialic acid was bound to glycoproteins and glycolipids. Thus lipid associated sialic acid (LSA) has significant roles in different diseases including malignancies<sup>3-6</sup>.

Sialic acid containing glycosphingolipids could be a microglial activator<sup>7</sup> and it modulates cell-

cell and cell-matrix interactions<sup>8</sup>. Also glycosphingolipids (containing sialic acid) expressed in cancer cells have implicated in modulation of tumor cell growth through their interaction with transmembrane signaling molecules such as growth factor receptors. For glycosphingolipids to interact with growth factor receptors, the presence of sialic acid seems to be essential<sup>9</sup>.

Sialic acid level can be used as diagnostic marker to assess the stage of cancer and can be used as prognostic markers during therapy of some types of cancer<sup>10-11</sup>. The objective of this work is to estimate (TSA) and (LSA) as a possible useful diagnostic and prognostic parameter in patients with different types of brain tumor.

### Patients & methods

#### Patients

Fifty nine patients with different brain tumors referred to Al-Kadhimiya Teaching Hospital for surgical interventions. The patients with benign tumors were 28 patients (17 patients with meningioma, 7 patients with schwannoma, and 4 patients with dorsal neurofibroma). Patients with malignant tumors were 31 cases (16 patients with glioma, 6 patients with glioblastoma, 4 patients with medullary blastoma, 5 patients with brain metastases from breast and lung carcinoma, astrocytoma). The tumors in these

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patients were removed by surgery. 34 healthy peoples were taken as control.

Venous blood samples were collected before initiating the operation and one week after operation. Sera were separated and kept at (-20°C) until analysis.

#### Assay

TSA was measured using Svennerholm (1957)<sup>12</sup> method as modified by Miettinen and Takka-Luukkainen (1959)<sup>13</sup>. In brief, 20µL of serum was diluted into 500µL in a test tube with distilled water .five hundred micro liter of resorcinol reagent (0.2 grams of resorcinol was dissolved in 10 ml of distilled water and added to 80ml of concentrated HCl containing 0.25ml of 0.1M copper sulfate and completed to 100ml with distilled water) were added. The test tube was heated for 15 minutes at 100°C in boiling water bath. After heating, the tubes were cooled in running water and 1ml of butyl acetate-n-butanol (85:15 v/v) mixture was added at room temperature, vortex and centrifuge for 5 minutes at 2500rpm. Read absorbance of the extracted blue color at 580nm.

LASA is measured according to procedure of Katopodis and Stock<sup>14</sup> in which 50µL of serum were extracted with 3ml of chloroform: methanol (2:1 v/v) at 4°C. The lipid extract was partitioned with 0.5 ml of cold distilled water, and the aqueous layer containing LSA was precipitated with 50µL of phosphotungstic acid (1g/ml). After centrifugation, the supernatant was aspirated, and the precipitate was resuspended in 1ml of distilled water and sialic acid content was determined as mentioned for TSA.

### Results & discussion

The results of the TSA and LASA of the patients with benign and malignant brain tumor in addition to healthy controls are presented in Table 1 & 2.

**Table 1: The results of TSA in patients with benign and malignant brain tumors & healthy controls**

TSA	Mean±SD mg/dl	No. of patients		Sensitivity
		≥89.35*	<89.35	
<b>Controls</b>	61.83±13.76	0	34	0
<b>Benign:</b>				
Before surgery	72.32±16.79	6	22	21.43
After surgery	63.05±11.93	1	27	3.75
<b>Malignant:</b>				
Before surgery	81.22±20.73	13	18	41.94
After surgery	68.28±14.39	5	27	16.13

**Table 2: The results of LSA in patients with benign and malignant brain tumors and healthy controls**

LSA	Mean±SD mg/dl	No. of patients		Sensitivity
		≥36.04*	<36.04	
<b>Controls</b>	21.54±7.25	0	34	0
<b>Benign:</b>				
Before surgery	29.14±8.03	11	17	39.29
After surgery	23.58±5.81	3	25	10.71
<b>Malignant:</b>				
Before surgery	34.57±8.57	17	14	54.84
After surgery	25.36±5.5	8	23	34.78

The results revealed that there was a significant increase ( $p<0.05$ ) in the TSA and LASA level in the patients with malignant brain tumor as compared with healthy control (Table 3).

**Table 3: P values between the compared groups (control, patients with benign and malignant brain tumors)**

Groups	P value	
	TSA	LASA
<b>Control Vs benign *</b>	0.185	0.788
<b>Control Vs Malignant *</b>	0.025	0.0009
<b>Benign* Vs Malignant *</b>	0.038	0.057
<b>Benign* Vs Benign **</b>	0.071	0.658
<b>Malignant* Vs Malignant**</b>	0.006	0.949

While no significant variation ( $p<0.05$ ) was indicated in TSA and LASA between benign brain tumor and control. Several types of tumors have been reported to have elevated serum contents of sialic acids including human tumors of breast, lung, stomach, and lymphoma<sup>15-17</sup>. Sialic acids present as components of surface glycoconjugate and of soluble glycoconjugate in the animal cells and tissue, appear to be involved in the regulation of cell surface functions and thus in malignant transformations<sup>18,19</sup>. Several studies have shown that neoplastic transformation leads to elevated serum sialic acids concentration. Elevated TSA or its other forms have been reported in sera of patients with different malignant diseases<sup>20-23</sup>. Other explanation for the higher serum sialic acids content in brain cancer patient could not be excluded .Such increase not only in the concentration of serum glycoprotein and glycolipids but also in the degree of sialylation of these substances. In fact, an elevation in the activity of serum sialyltransferase in patients with different types of cancer has been

demonstrated<sup>24,25</sup>. Some authors have suggested that increased serum sialic acid in patients with cancer reflects an inflammation reaction to the tumor, leading to an elevated output of the acute phase reactant proteins from liver<sup>26,27</sup>. Hence our results are with agreement with these suggestions.

The insignificant increase in TSA level in patients with benign tumors as compared with healthy controls was also agreed with other observations<sup>28</sup>. Serum sialic acids were found to be increase in patients with metastatic diseases when compared with patients having only localized involvement<sup>29</sup>.

Considering their pretreatment levels as base line, elevation in levels of TSA was found in patients with benign and malignant brain tumors. While there is no significant changes in LASA levels before and after surgery. These results may be explained by the fact that the cause of increase TSA is mainly due to increase in the acute phase reactant protein as an inflammatory reaction. After treatment by drugs and surgery, the anti-inflammatory drugs which mainly hydrocortisone and its derivatives that decreases the inflammatory reaction and hence decrease the acute phase reactant proteins in the blood. Also the removal of all tumor tissue in benign brain tumor patients and subtotal removal of malignant tumors leads to decrease the level of TSA.

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